



THYROID TRIAL

NEWSLETTER

MAY 2012



'IT IS IMPORTANT TO IMPROVE TREATMENT BOTH FOR PRESENT AND FUTURE PATIENTS'

AN INTERVIEW WITH YVONNE ANDERSSON, PAST PRESIDENT OF THE THYROID FEDERATION INTERNATIONAL (TFI)

YVONNE ANDERSSON:

'I am a mother of four children, two girls and two boys. I myself have hyperthyroidism since 1993 and both of my sons have it as well. So I am well aware of the implications of living with a thyroid disorder. I am a representative of the Thyroid Federation International (TFI) for Sweden since 1997 and was elected president of the organization in 2003. TFI is an umbrella organization for thyroid patient organizations worldwide.'



GOOD PURPOSE

I think the **TRUST** trial is an interesting project with a good purpose. The aim of this study is to define evidence based guidelines to treat older [\(more on page 2\)](#)

people with thyroid disorders and eventually offer them the best possible quality of life. I consider it my duty to give those affected by thyroid disorders a voice and to bring in their concerns.

ELDERLY PATIENTS

I sincerely hope that the **TRUST** trial will help to clearly set the best treatment strategy for older people with subclinical hypothyroidism. Either treat, not treat, or treat in specific conditions.

TRUSTWORTHY

This study is carried out by well known medical professionals from four different countries in Europe and has the full support of EU, giving it an extra status. All co-workers are dedicated to the thyroid disorder patients. That's what makes the **TRUST** trial so trustworthy and why the TFI supports it. I hope that many people with subclinical hypothyroidism volunteer in this study. Together we can make a healthier future for older people with thyroid disorders!'

For more information, visit our website:
www.trustthyroidtrial.com

TRUST is a research project from five European universities investigating current treatment practices for older people who suffer from a mildly underactive thyroid gland. The study is entitled Thyroid Hormone Replacement for Subclinical Hypo-Thyroidism Trial (TRUST).

Experts in ageing, thyroid problems and vascular disease from around Europe, work together in the TRUST project:

Leyden Academy on Vitality and Ageing, The Netherlands; Leiden University Medical Centre, The Netherlands; Universität Bern, Switzerland; University College Cork, Ireland; University of Glasgow, Scotland



From left to right:
Patricia Kearney, University of Cork;
Nicolas Rodondi, University of Berne;
Jacobijn Gusselkoo, Leiden University Medical Centre;
David Stott, University of Glasgow,
Rudi Westendorp, Leyden Academy on Vitality and Ageing

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